

# TENNIS PATHWAY CAMP

FOR 11 DAYS, LEARN TO  
LIVE AND TRAIN  
LIKE A PRO.



27 JULY - 6 AUGUST 2026



ALPINE TENNIS CLUB,  
BANGKOK, THAILAND

6 INDOOR US OPEN-CERTIFIED COURTS

20 PLACES • BY APPLICATION & INTERVIEW



LAURENT  
TIFFOUNET



GEORGES  
BELL



EMILIO  
SANCHEZ



20 SELECTED  
PLAYERS ONLY

4 players per court  
per coach



HIGH-PERFORMANCE

Training, competition,  
recovery, and athlete  
development.



PARENTS  
AS PARTNERS

Reports. Guidance.  
and a final development  
debrief.

SCAN TO LEARN MORE



APPLY BY VIDEO  
+ FAMILY INTERVIEW



**MOST YOUNG PLAYERS  
TRAIN HARD.**

**FEW EXPERIENCE  
A TRUE DEVELOPMENT  
ENVIRONMENT.**

# **TENNIS IS THE PATH. THE DESTINATION IS BIGGER.**

For 10 days, players live, train, compete, recover, and reflect inside a serious high-performance environment designed for long-term development.

This is not about creating young champions overnight.

It is about helping players understand what real development actually requires.

Professional tennis is one path. College tennis is another.

The foundation behind both is the same.

“

**In 10 days, your child will not become a professional player.**

**But they can begin to understand what becoming one actually requires.”**



# FROM JUNIOR DEVELOPMENT TO ELITE PERFORMANCE.

The BISA Pathway Camp brings together coaches and specialists who have worked across every stage of athlete development — from building young players to supporting professional and world-class performance environments.

These are not coaches who only understand high-level tennis.

They understand how athletes are built over time.



## EMILIO SÁNCHEZ VICARIO

*Tennis Partner & Special Guest Coach*

- Former Doubles World No. 1 and Singles World No. 7
- 5-Time Grand Slam Champion and 1988 Olympic Silver Medalist
- Winning Captain for the Spanish Davis Cup Team (2008)
- Founder of the world-renowned Emilio Sánchez Academy, developing legends like Andy Murray and Svetlana Kuznetsova

*"Championship pedigree is built on daily habits, elite resilience, and the willingness to master the fundamentals under pressure."*



## GEORGES BELL

*Head Coach*

- Coach Instructor for the French Tennis Federation (Level 3)
- Tennis Director ELAN de Chevilly-Larue Tennis Club
- Part of Hugo Gaston's (former #58 ATP) training team alongside Tristan Lamasine
- Coached Île-de-France U12 girls' team to French national championship (2025)

*"Performance, confidence, enjoyment: bringing out the best in every individual.  
High-performance standards in service of personal growth and results."*



## LAURENT TIFFOUNET

*Performance & Neuro-Sensory Specialist*

- Founder of Perfo Neuro
- French osteopath, posturologist, neurotrainer, and visualpreparation specialist.
- Works with Olympic and world champion athletes
- Has supported Hugo Gaston since his junior years & Arthur Salafa (France U12 Champion)

*"Elite performance begins with how the nervous system perceives, adapts, and responds"*

## THE BISA COACHING PRINCIPLES



### LONG-TERM DEVELOPMENT

Building athletes patiently over time.



### ATHLETE-FIRST APPROACH

Developing the person, not only the player.



### ELITE STANDARDS

Professional habits and environments from a young age.



### INDIVIDUAL ATTENTION

Every athlete is different. Every plan is personalized.

## SUPPORTED BY A SELECTED COACHING TEAM

Selected local coaches who share the same long-term developmental philosophy and athlete-first mindset.

Including coaches who have:

- developed nationally ranked juniors
- guided players toward professional pathways
- contributed to competitive player development in Thailand and internationally

**BISA Pathway Camp** is for players who share three things: a real love for tennis, a desire to get better, and curiosity about themselves.



#### **RIGHT FOR YOUR CHILD IF THEY...**

- Are 10-14 years old
- Already train and compete in tennis
- Love the game and want to improve
- Are coachable, curious, and willing to be challenged
- Bring a student-athlete mindset
- Are physically fit and medically cleared
- Can live respectfully in a boarding environment

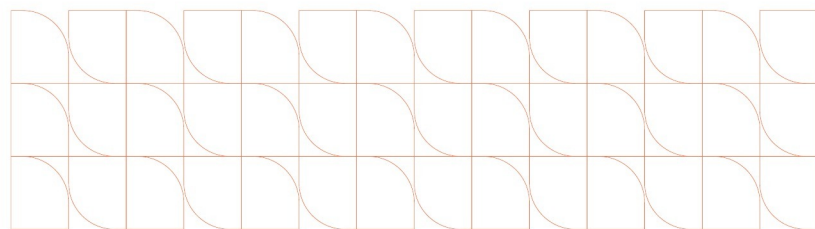


#### **RIGHT FOR YOUR FAMILY IF YOU...**

- Are dedicated to your child's long-term development
- Want to support without over-coaching
- Value honest feedback over reassurance
- Understand that tennis is part of a bigger life
- Are open to a serious conversation about the path ahead

The camp is selective because the group matters. Players live together, train together, compete together, and reflect together. A strong cohort helps every player rise. The right attitude is as important as the right level.

"If we do not think the camp is right for your child, we will tell you on the call."



# THE ELEVEN-DAY ARC

The camp is designed as a complete development arc.

Players do not simply train for 11 days. They arrive, are observed, tested, challenged in matches, given time to recover and reflect, then return to training with more personal direction.

|                                                                                                                   |                                                                                        |                                                                                   |                                                                                   |                                                                                     |                                                                                     |
|-------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|                                   |       |  |  |  |  |
| <b>DAY 1</b><br><b>Welcome &amp; Orientation</b>                                                                  | <b>DAYS 2-5</b><br><b>Discovery &amp; Training</b>                                     | <b>DAYS 6-7</b><br><b>UTR Tournament</b>                                          | <b>DAYS 8</b><br><b>Bonding &amp; Adventure</b>                                   | <b>DAYS 9-11</b><br><b>Personalised Training</b>                                    | <b>DAY 11</b><br><b>Family Integration &amp; Celebration</b>                        |
| Players arrive, attend separate parent and player orientations, complete assessments, and enjoy a welcome dinner. | We assess, teach, and challenge. Focus on fundamentals, patterns, and building habits. | Competitive match play, scores, pressure, learning.                               | Bangkok experience day for active recovery culture, perspective, and connection.  | Training becomes more specific. Personal plans based on what we have observed.      | Parents arrive for 15-minute debrief sessions. We close with a celebration dinner.  |



## VENUE

**ALPINE TENNIS CLUB**  
**Bangkok, Thailand.**  
*Premium Indoor & Outdoor Courts*



### TENNIS TRAINING

Technical.  
Tactical. Match  
Play.



### PHYSICAL PREPARATION

Strength. Power.  
Speed. Mobility.



### RECOVERY

Sleep, Nutrition,  
Active Recovery.



### REFLECTION

Journaling.  
Mindset.  
Purpose.



### LIFESTYLE

Habits. Study.  
Discipline.

# BEYOND THE COURT

A young player's development is shaped by what happens before training, between points, after losses, during recovery, at meals, in quiet moments, and in the way they speak to themselves.

That is why we include reflection, **journaling, emotional awareness work**, recovery, and conversations about what a full person — not just a player — actually needs over the long path.

Players will be invited to think about who they are becoming — not only what ranking they are chasing.



## A DAY AT BISA

A BALANCED, PURPOSEFUL DAY

|       |                                                                                     |                         |
|-------|-------------------------------------------------------------------------------------|-------------------------|
| 06:30 |  | Breakfast               |
| 07:30 |  | Movement & Activation   |
| 08:00 |  | Tennis Session 1        |
| 10:00 |  | Snack Break             |
| 10:15 |  | Physical                |
| 11:45 |  | Lunch & Rest            |
| 13:00 |  | Tennis Session 2        |
| 15:15 |  | Physical Activity       |
| 17:00 |  | Shower Break            |
| 18:00 |  | Dinner & Reflection     |
| 19:30 |  | Free Time               |
| 20:30 |  | Stretching & Meditation |
| 21:00 |  | Lights Out              |

### TOPICS EXPLORED



Growth Mindset &  
Long-Term  
Development



Motivation,  
Drive &  
Discipline



Emotional,  
Resilience&  
Handling Pressure



Self-awareness  
& Purpose



Balance, Life skills  
& Future planning

# WHAT WE OBSERVE. HOW WE DEVELOP.

Every player is assessed across five dimensions.  
This guides everything we do.



## BODY

Movement  
Quality,  
Athleticism,  
Strength,



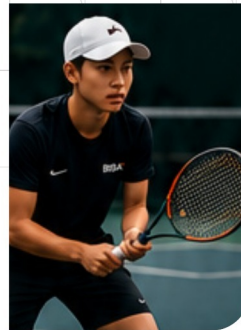
## MIND

Attention,  
Decision Making,  
Processing  
Speed,



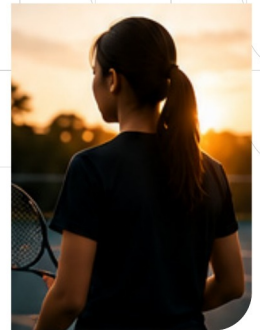
## PERSONALITY

Coachability,  
Communication,  
Leadership,  
Competitive



## SKILLS

Technical Execution,  
Tactical  
Understanding,  
Patterns,



## POTENTIAL

Learning Capacity,  
Adaptability,  
Curiosity,  
Long-Term Trajectory.

## BY THE NUMBERS

### 4:1

#### PLAYER-TO-COACH RATIO

Small groups.  
Maximum attention.  
Stronger development.

### 27+

#### HOURS OF TENNIS

High-quality on-court  
training, match play,  
and guided practice.

### 4+

#### MATCHES & COMPETITIONS

Competitive  
opportunities to apply  
learning and build  
confidence.

### 360°

#### PLAYER ASSESSMENT

Comprehensive  
evaluation across five  
dimensions that  
guides everything we

### 1

#### FAMILY DEBRIEF

A final session with  
families to share insights,  
progress, and next steps.



THE GOAL IS NOT TO LABEL PLAYERS.  
THE GOAL IS TO UNDERSTAND THEM MORE FULLY.

# BISA

# THE BISA ENVIRONMENT

## NUTRITION • RECOVERY • WELLBEING

At BISA, we believe that performance is built every day through training, recovery, nutrition, and the right environment. Our camp is designed to help young athletes grow with confidence, discipline, enjoyment, and purpose.



### ATHLETE NUTRITION

#### Balanced Athlete Meals

Nutritious meals are provided daily to support: energy, recovery, hydration, focus, and athletic performance

#### Our Meal Philosophy



Balanced  
Nutrition



High-Quality  
Ingredients



Proper  
Hydration



Healthy  
Athlete Habits

Water and electrolytes are available throughout the day.



### HOTEL & ACCOMMODATION

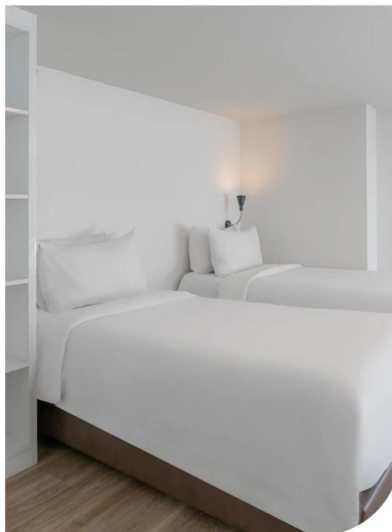
#### Official Camp Hotel

##### SureStay by Best Western Bangkok Raminthra

Camp participants staying with accommodation will be hosted at: SureStay by Best Western Bangkok Raminthra.

- Modern comfortable rooms
- Athlete-friendly environment
- Convenient access to training facilities
- Professional hospitality and security

The hotel is selected to provide a comfortable and structured recovery environment for student-athletes during the camp.



### TRAINING FACILITIES

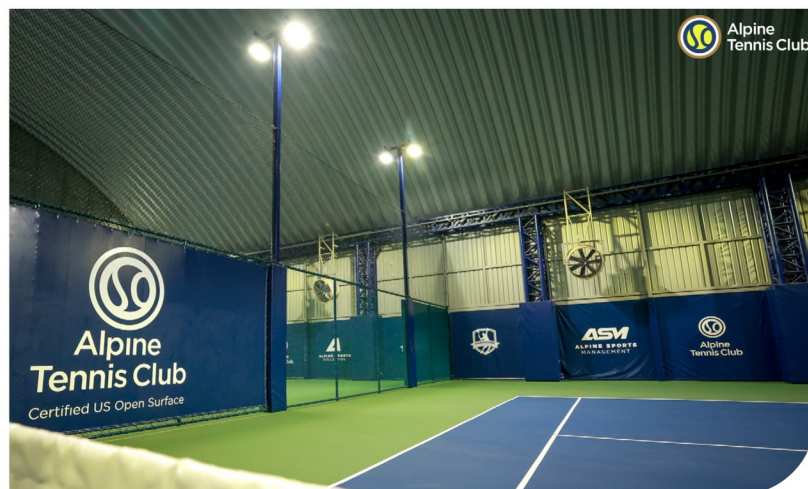
#### Alpine Tennis Club – Bangkok

Training sessions will take place at: Alpine Tennis Club

#### Facility Features

- High-quality courts
- Professional training environment
- Structured high-performance sessions
- Match play and athlete development activities

The facility provides a calm and focused environment aligned with the BISA philosophy.



### OUR COMMITMENT

We are committed to providing: high-quality training appropriate nutrition a world-class environment where young athletes can thrive.



### TRAIN WITH PURPOSE

Every part of the experience — from training to recovery — is intentional.

# BRING YOUR BEST. WE'LL TAKE CARE OF THE REST.

Every detail is handled so players can focus on what matters most: growing, competing, and becoming.

## HOW TO APPLY



1

### FILL THE APPLICATION

Complete the online application form.



2

### SEND VIDEO

Submit player matchplay and training videos.



3

### VIDEO INTERVIEW

Meet the BISA team and discuss goals, mindset, and fit.



4

### REVIEW & CONFIRMATION

We review and confirm fit for the group.



5

### PAYMENT & ONBOARDING

Secure your place and receive pre-camp information.

## WHAT'S INCLUDED

- ✓ 11-day residential program
- ✓ All tennis training & tournament
- ✓ Physical training & recovery
- ✓ Neuro-sensory & mindset sessions
- ✓ Accommodation & daily meals
- ✓ Bangkok experience day
- ✓ Player assessment & report
- ✓ Family debrief session
- ✓ BISA Camp Welcome Kit

## INVESTMENT

EARLY BIRD

**฿95,000**

**\$2,990**

Sign before 27 June 2026

**฿109,000**

STANDARD RATE

**\$3,390**



Limited to 20 players.  
Quality over quantity.

Early application recommended.

LINE Scan to talk  
with our team.



SCAN TO APPLY



## A SUMMER THAT BUILDS MORE THAN BETTER TENNIS.

A foundation for the path ahead.  
On court. Off court. For life.

**BISA**